



Facilitators for Be Well: Healthy Living and Sports Girl Advisory Board



The GSSJC Be Well and Sports Team needs your help! Come dazzle us with **your brilliant leadership and facilitation skills** as you bring out the best program ideas from younger Girl Scouts on healthy habits, sports and exercises for troops, service units and the council.

- Who:** Girl Scout Seniors and Ambassadors
- Where:** Girl Scout Center, 3110 Southwest Freeway, Houston, 77098
- When:** Sunday, July 18, 2 – 5 p.m. (Extended time for planning/evaluation)
- Bring:** Ice breaker idea for your group, your leadership skills, and top 10 ideas on how girls stay healthy, completed permission and medical forms (204 & 185, found on council website, www.gssjc.org)
- Min./Max.:** 5/10
- Cost:** Can of food for the Houston Food Bank
- Register:** www.gssjc.org, click on Program Registration in the *Helpful Links* box. Questions Help Desk@Sigs.org
- Deadline:** 7/14/2010
- Contact:** Melinda Gaskill, mgaskill@sgjs.org
- Note:** Help facilitate the Be Well / Sports Advisory board meeting and share your ideas on what you would like offered to girls in the areas of health and sports. Can't attend, email your ideas. There will be a prize drawing for those who bring their top 10 ideas on how girls stay healthy.

